

**Activities of Central Government Pensioners' Welfare Association, J&K, Jammu, During 3rd Quarter 2015-16 (October-December, 2015)**

**Highlights of Activities** of Central Government Pensioners Welfare Association, J&K, and Jammu during the 3<sup>rd</sup> Quarter 2015-16 are summarized hereunder:

- **Weekly Meetings/CGHS Wellness Centre Jammu Advisory Committee Meetings/National Pensioners' Day Meeting:**
  - **At Jammu:** The Association continued to hold weekly meetings during III - Quarter 2015-2016 every Monday morning at 11.00 hrs. (winter timing) at its office at Jammu Olympic Association Building Parade Ground Jammu - 180001; in pursuance of its activities. The number of members present in 12 weekly meetings held during the quarter ranged between 25 and 30, averaging at 26.83 (say 27) members attendance per meeting.
  - Meeting scheduled for 9<sup>th</sup> Nov 2015 was cancelled due to inclement weather conditions.
  - Discussions/interactive consultations were held in the meetings as per agenda with recording of the minutes and registration of attendance of the members present in the Association Minute Register.
  - **At Srinagar:** Weekly meetings on every Monday were also held at Srinagar Branch of the Association.
  - **At CGHS Wellness Centre Jammu:** CGHS Advisory Committee Meetings were held once every month by a team of Executive Committee of the Association to sort out problems pertaining to the Centre to facilitate the stakeholders. 33<sup>rd</sup>, 34<sup>th</sup> and 35<sup>th</sup> Advisory Committee Meetings at Wellness Centre Jammu during the Quarter were held on 11<sup>th</sup> Oct, 21<sup>st</sup> November and 12<sup>th</sup> December, 2015 respectively.
  - ***In the weekly meeting all issues pertaining to the problems of pensioners and operation of Pensioners' Portal in resolving the issues, as and when necessary, are taken up as a routine matter. The participants were given copies of latest circulars uploaded on the Pensioners' Portal for their use and for dissemination of useful information to other pensioners/family pensioners.***
  - **In CGHS Advisory Committee Meetings, all issues pertaining to the Wellness Centre Jammu, particularly the issue of**

**Digitization of the Centre and issuance of Smart Cards to the CGHS Cardholders were reviewed and pursued.**

- **Topic Talks in Weekly Meetings:** In view of rich human resource present in the Association in a wide spectrum of fields, a new initiative of Weekly Talks by Member Volunteers/Resource Persons on Informative Topics has been started in the Weekly Meetings. The first talk in this activity programme was delivered by Shri K.B.Jandial, IAS (Retd) On Article 370 and Its Implications for J&K State on 28<sup>th</sup> September, 2015 which was appreciated much by the members present. Weekly Talks delivered during the Quarter are detailed below:
  - Shri K.B.Jandial, IAS (Retd):
    1. On Article 370 of the Constitution of India . Delivered on 28.09.2015
    2. Survival of Amityq 12.10.2015
    3. Accession of J&K State with Union of India- 26.10.2015
  - Shri J.K.Vaid, GSI (Retd):
    1. International Day of Older Persons - Delivered on 04.10.2016
    2. On Earthquakes - 02.11.2015
    3. Presentation on Highlights of 7CPC Recommendations . 19.11.2015
  - Shri V.P.Sharma, GSI (Retd):
    1. Demography of India - Delivered on 19.10.2015
    2. Climate Change and Related Issues - 30.11.2016
  - Shri S.D.Swatantra, IFS (Retd):
    1. Environmental Issues - Delivered on 26.10.2015
  - Shri B.D.Mal Barna, GSI (Retd):
    1. The Highest Railway Bridge on Chenab River in Jammu . Delivered on 16.11.2015
    2. Power Point Presentation on Jammu-Udhampur-Katra Rail Line- 07.12.2015
  - Shri R.L.Kampasi, IA&AD (Retd):
    - Power Point Presentation on 7CPC - Delivered on 14.12.2015
- **CGPWA J&K Jammu Launches Its Website:** Preparations for a Website of the Association were made during the Quarter and the same was successfully launched on 14<sup>th</sup> September, 2015. The Website is [www.cgpwajk.in](http://www.cgpwajk.in). Weekly updates on the Activities of the

Association are being uploaded on the Site, besides important O.Ms/Govt. Orders related to Pensioners. The Website has been received very well and is being viewed widely.

- **CGHS Dispensary/Wellness Centre at Jammu:**

- The CGHS Card holding pensioners are deriving benefit of health care attendance for them and their dependent family members in the Wellness Centre and many new pensioners have registered themselves in the CGHS.
- From August, 2013, P&T Dispensary of Jammu has been merged with CGHS Wellness Centre Jammu.
- Monthly Advisory Committee Meetings were held at CGHS Wellness Centre during the Quarter, to review problems of the CGHS Card Holding stakeholders and allied matters.
- As a result of persistent follow up, the process of Digitization of the Centre is in final stages and action on Preparation of Smart Cards for CGHS Card Holders has been started.

- **Registration in SANKALP Programme:**

The Association has got itself registered in SANKALP Programme launched by DoP&PW for undertaking feasible Voluntary Service Projects in addition to its normal annual programmes and activities. One Project of Free Medical Camp was undertaken under SANKALP during 1<sup>st</sup> Quarter.

- **The Association Celebrates International Day of Older Persons, 2015:**

The Day was observed at Jammu, as well as at Srinagar by the Association members:

- At Srinagar: On 1<sup>st</sup> October, 2 teams of Association Members visited 4 very Senior Pensioners as a goodwill gesture:  
S/Shri S.S.Wazir, Mohd. Shafi Pandit, Nazir Ahmad Bhat & Sheikh Hafeez Akhtar visited: 1. Shri Mir Nasrullah, IAS, Ex-Chief Secretary (88) & 2. Shri G.J.Pandit, IPS, Ex DGP (82).  
S/Shri G.N.Kath, Syed Noor-ul- Hassan, B.A.Dar & Mushtaq Mohd. Sadiq visited: 1. Shri Peer Gulam Hassan Shah, IPS & DGP (Retd) & 2. Shri A.R.Khan, IFS, PCCF (Retd). (Both 88 Approx)
- At Jammu: The Day was celebrated by the Association Members at Jammu on 5<sup>th</sup> October (instead of 1<sup>st</sup>) with a Power Point Presentation by Shri J.K.Vaid, GSI (Retd) on International Day of the Older Persons which was first celebrated on 1<sup>st</sup> October, 1991

to recognize the contributions of older persons and to examine issues that affect their lives as a sequel to the [United Nations General Assembly](#) Resolution 45/106 adopted on 14<sup>th</sup> December, 1990.

- Interesting data on aging was revealed in the presentation such as the fact that Japan is ranking at top in having the highest percentage of population of Older Persons of 60 years age and above. Japan has 32% Older Persons; USA has 19.5%; whereas India is comparatively much younger with only 8.2% of her population falling under the category of Older Persons. This is as per the 2013 United Nations Report of Department of Economic and Social Affairs Population Division World Population Ageing.
- **CGPWA CELEBRATES 33<sup>rd</sup> NATIONAL PENSIONERS' DAY ON 17.12.2015**
  - Central Government Pensioners Welfare Association (CGPWA), J&K representing pensioners of 33 Central Government Departments/Ministries including All India Services viz. IAS, IPS & IFS; celebrated 33<sup>rd</sup> National Pensioners Day at Indian Institute of Integrative Medicine (IIIM) at Jammu. Dr. Ram Vishwakarma, Director, IIIM Jammu was the Chief Guest on the occasion. The function was attended by a large number of Association Members and special invitees from various Organizations of State Government pensioners; besides eminent social activists.
  - Shri J.K.Vaid, General Secretary CGPWA conducted the proceedings of the function and also briefed the house on 7CPC recommendations, Pensioners Portal under National e-Governance Plan and latest important O.Ms issued by Govt. of India in respect of pensioners.
  - Shri S.S.Wazir, President CGPWA, presented the welcome address and highlighted the salient features of the Association along with its future plans and a brief background of the Pensioners Day which was first celebrated in the country on 17<sup>th</sup> December, 1983 to commemorate landmark judgment of the Supreme Court on 17<sup>th</sup> December, 1982 in D.S.Nakara vs. Union of India case that pension came as a matter of right to the retiree. He also talked of SANKALP programme launched by Department of Pension & Pensioners Welfare; under which pensioners experience and expertise is utilized for voluntary service to the society.
  - Shri V.P.Sharma, Patron and noted Geologist & Environmentalist delivered an impressive power point presentation

on Traditional Health Care System in India. His presentation detailed useful tips for maintaining good health and healthy life style. He also detailed the Association Profile since its inception in mid-nineties and how the Organization has contributed its mite in service to the civil society in general and pensionersqfraternity in particular.

- The Chief Guest who is an Eminent Scientist in his address complimented the Association for running a versatile Organization which looks after the interests of the pensioners and family pensioners and for creating a motivating ambience for younger generations. He also highlighted the activities of IIM in service of the nation and delved on the key role played by Sir Col. Ram Nath Chopra in establishing the Premier Research Institutes in the country including Regional Research Laboratories and All India Institute of Medical Sciences (AIIMS). Son of the soil, Sir Col. Chopra is considered Father of Indian Pharmacology and doyen of science and medicine.
- Shri K.B.Jandial, Executive Committee Member CGPWA, thanked the Chief Guest and all the guests including media representatives in his Vote of Thanks address. Recently a good number of central pensioners have registered themselves with the Association, taking the total number of registered members to 271 (as on 17.12.2015).

- **Registration of Grievances on CPENGRAMS:**

3 Nos. of New Cases of Grievances were registered in CPENGRAMS online in the PensionersqPortal by the Association during the Quarter.

Current Pending Cases = 2 Nos.

One Grievance regarding incorrect fixation pf a Family Pensioner of DoP registered in January 2015 was resolved after lapse of 8 months with NIL result which is regretful situation. The case is being registered again for redress.

- **Registration of Members of the Association:**

There has been consistent increase in the number of registered members of the Association. This progress is shown in the Table below:

<b>No. of Registered Members</b>	<b>As on</b>
<b>101</b>	<b>March 2011</b>
<b>124</b>	<b>March 2012</b>
<b>164</b>	<b>March 2013</b>
<b>218</b>	<b>March 2014</b>

<b>248</b>	<b>March 2015</b>
<b>267</b>	<b>September 2015</b>
<b>271</b>	<b>December 2015</b>

4 new members have joined the Association during the Quarter.

- **Day Care Centre for Older Persons/Pensioners:**

- The Association has made a Day Care Centre for Pensioners/Older Persons functional. It is located opposite to CGHS Wellness Centre Jammu at Exhibition Ground Complex Jammu. More facilities are planned to be added to the Centre in due course of time.

- **Media Coverage of Activities:**

- The activities and the events observed by the Association are given wide publicity through print and electronic media which include Local Dailies, Local TV Channels and Radio Kashmir Jammu/Srinagar (AIR) for dissemination of general awareness and for the benefit of civil society in general and the pensioners & senior citizens, in particular. Important events are also covered with photography for documentation and record.

Sd/- 31.12.2015  
(J.K.Vaid, Rtd.Director GSI)  
General Secretary, CGPWA Jammu, J&K.

