

## **Activities Of Central Government Pensioners' Welfare Association, Jammu & Kashmir, Jammu (Regd) during 2017 – 2018**

**Activities of Central Government Pensioners' Welfare Association, Jammu & Kashmir, Jammu for the period April, 2017– March, 2018 summarized in the Annual Report hereunder:**

### **Background Information:**

#### **Formation & Registration:**

The Central Government Pensioners Welfare Association Jammu, J&K was formed in the first week of July, 1994 and was registered on 21<sup>st</sup> July, 1995 under Societies Act VI of 1998 (1941 AD) under Regd. No. 2349 - S of Registrar of Societies Jammu, Government of Jammu & Kashmir. The 1<sup>st</sup> Annual General Body Meeting (AGM) of the Association was held in 1996 with a limited number of members of nearly two dozen. The Association has made an impressive progress in all respects since then and total number of registered members as in March 2017 stands at 300, an addition of 22 new members during past one year.

#### **Identification of the Association for Implementation of 'Pensioners' Portal' in 2008:**

The Association after fulfilling the prescribed criteria qualified for Identification by Government of India for Implementation of Web-based Pensioners Portal a Mission Mode Project under National e-Governance Plan (NeGP) along with 17 other Central Government Pensioners Associations across the country. (Vide F.No.41/88/07-P&PW(E) dated 20<sup>th</sup> November, 2008 & 18<sup>th</sup> March, 2009 of Department of Pension & Pensioners Welfare, Ministry of Personnel, Public Grievances & Pensions, Lok Nayak Bhawan, New Delhi). Under this plan, the Association has been declared as Nodal Agency for Central Government Pensioners of Jammu & Kashmir State for attending to their pension problems and related issues.

Currently the number of Identified Pensioners Associations for Pensioners Portal has gone from the initial 18 to 47 as on date, including 4 new Pensioners Associations which have been identified during March, 2017. ***Our Association figures at Sl. No. 6 in the List of Identified Associations on the Pensioners' Portal Website.***

#### **Association Accorded Nomination to SCOVA – 2011-2013 & 2013- 2015 Terms:**

Central Government Pensioners Welfare Association, J&K, Jammu was accorded nomination to the Standing Committee Of Voluntary Agencies (SCOVA) by Govt. of India (Vide Resolution F. No. 42/50/2010 . P&PW (G)

dated 24<sup>th</sup> June, 2011) by the Ministry of Personnel, Public Grievances & Pensions (Department of Pension & Pensioners Welfare) as a Rotational Member for a 2 years term. It is creditable that the Association was re-nominated to the prestigious body of SCOVA for another term of 2 years 2013 . 2015 as per Resolution F.No.42/8/2013 . P&PW (G) dated 18<sup>th</sup> July, 2013.

SCOVA: The SCOVA was set up in 1986 as per the recommendations of Parliamentary Consultative Committee to mobilize the voluntary efforts to supplement the Government Action for establishment of mechanism for consultation with the representatives of the Central Pensioners Voluntary Organizations/NGOs. It is a useful and effective apex forum for holding consultation with the stakeholders, i.e., the pensioners through their Identified Associations. The body of SCOVA is re-constituted after every 2 years and SOVA Body for 2017-2019 has been notified in the Notification dated 31<sup>st</sup> January, 2018 with the following composition:

- (a) Minister of State (Personnel, PC & Pensions) :- Chairman
- (b) Secretary, Department of Pension &PW :- Convener & Member Secretary

(c) Official Members:-

- (i) Representative of Ministry of Finance
- (ii) Representative of Ministry of Defence
- (iii) Representative of Ministry of Railways
- (iv) Representative of Department of Posts
- (v) Representative of Department of Telecom
- (vi) Representative of Ministry of Health & Family Welfare

(d) Non-official Members (15 Pensioners Associations):-

(i) Standing Group (5 Associations):-

1. Air Force Association, Air Force Station, Race Course Camp, New Delhi-110003
2. N.F. Railway Pensioners Association, Rest Camp, Pandu, Guwahati-781012, Assam
3. Central Govt. Pensioners Association (CGPA), 14, Yamuna Bari, Shiv Colony, Tonk Road, Jaipur-302015
4. Central Govt. Pensioners Welfare Association (CGPW A), Community Centre, Kendriya Vihar Library, Sector-51, Noida-201303
5. Tamilnadu Ex-Services League No 10, R.R.Layout, Farakka Nagar, Pasumalai, Madurai-625004, Tamilnadu.

(ii) Rotating Group (10 Associations):-

1. Kendriya Nivrutta Karmachari Mandal "Shiva Suman", Martanda Complex (backside), Near Vaduwala Hospital, Kapdi Pole, Vadodara, Gujarat
2. Government Pensioners Association, 40/3, Bhandari Bagh, Dehradun-248001, Dehradun -Uttarakhand

3. Central Govt. Pensioners Welfare Association, E-6, Shiv Basav Nagar, Shiv Mandir Road, Ambarnath Maharashtra
4. Uttarpara Central Government Pensioners Association, Sushma Apartment (Ground Floor), 35, Dwarik Jungle Road, P.O Bhadrakalai, Hooghly, West Bengal
5. All India Ex-Para Military Personnel Association (Regd), BSF Campus, Jalandhar -144601, Punjab
6. Railway Senior Citizens Welfare Society, 32, Phase-6, SAS Nagar, Mohali-160055, Punjab
7. All India Organisation of Pensioners, C-589, Indra Nagar, Lucknow-226016, Uttar Pradesh
8. Central Civil Pensioners Association, A-12, Chetak Puri, Gwalior -474002, Madhya Pradesh
9. Railway Pensioners Welfare Association, A-Manuel Hall, Next to Railway Co. Bank, Sheshadri Iyer Road, Mysore-570021, Karnataka
10. All India Organisation of Pensioners (Civil & Military), Althara Junction, Vellayambalam.

2. The term of SCOVA will be of 2 years. The Standing Group would serve for three terms of two years each. The rotating Group would serve for one term of two years and would be eligible for re-nomination for one more term.

3. The SCOVA will hold its meeting as often as may be necessary. However, it will meet at least once in a year. (Presently SCOVA meetings are being held twice a year since 2013 under the Chairmanship of MOS, PMO).

4. The SCOVA will function to promote the following objectives:

(i) To provide a feedback on implementation of policies/programmes of the Department of Pension and Pensioners Welfare.

(ii) To discuss and critically examine the policy initiatives and.

(iii) To mobilize voluntary efforts to supplement the Government action.

***30<sup>th</sup> Meeting of SCOVA was held on 23<sup>rd</sup> March 2018 under the chairmanship of Dr. Jitendra Singh, Hon'ble MOS (PMO at New Delhi).***

**Registration as Social Charitable Society and grant of Registration Certificate u/s 12AA (1) (b) (i) of Income Tax Act 1961.**

The Association has been registered as Social Charitable Society by the Commissioner of Income Tax J&K under the relevant Act of the Income Tax Department after satisfying all the necessary stringent terms and conditions (Vide F.No. CIT / J&K / ITO (T) / 12A-III / 32 / 2011-12 / 6439 dated 05.08.2011 of Commissioner of Income Tax, J & K, Jammu). It is a commendable achievement for this voluntary social Organization.

**Association Awarded Exemption u/s 80-G (5) of the Income Tax Act, 1961.**

The Association has also been accorded exemption u/s 80-G (5) of the Income Tax Act, 1961 by the Commissioner of Income Tax, J&K; Vide F.No.

CIT/Jmu/ITO(T)/80-G(2)/51-55/11-12/9376 dated 2<sup>nd</sup> December, 2011; effective from 02.12.2011 and in perpetuity, unless specifically withdrawn. All donations received by the Association now qualify for Income Tax exemption under this section.

**Association Identified as one of the Motivators by the Department of Pension and Pensioners' Welfare (Government of India) for its new project SANKALAP.**

**Sankalap** is a new initiative from Department of Pension & Pensioners' Welfare (DoPPW), Government of India, to provide a platform for the pensioners to access opportunities available for useful interventions in the society. It also facilitates the Organizations working in these areas to select appropriate skill and expertise from the available pool of volunteers. The Department invited the Association to participate in the brain storming sessions held at New Delhi on 18<sup>th</sup> November and 13<sup>th</sup> December, 2013 where the Association representative made power point presentation on the socially useful activities of the Association. The Association stands registered with DoPPW under SANKALP and the Department is in constant touch with our Association for utilizing services of our volunteers in projects useful for the society, particularly in villages in sectors like environment, health, awareness on social evils etc. The Association can also play an active role in educating the retiring Central Government Personnel on various pension related issues and fields of voluntary social activities which many of them may desire to undertake after their retirement.

Online Registration by the Department of Pension and Pensioners Welfare is open for the Organizations and individuals on the format uploaded in the Pensioners Portal under Sankalp Project.

The pensioners fraternity is invited with to come forward by contributing their mite in channelizing their skills and experience by opting as volunteers to serve in their chosen fields of social service in the projects sponsored by the Department of Pension and Pensioners Welfare, New Delhi. They may also register with the Department in their individual capacity for voluntary services in their chosen field of skill.

**Aims & Objectives of the Association:**

The following aims and objectives are enshrined in the Constitution of the Association in service of the civil society in general and central pensioners & senior citizens, in particular. We must keep our activities focused to the aims and objectives of the Association:

- To provide a common platform for the Central Government Pensioners and family pensioners residing in Jammu & Kashmir State to interact amongst themselves and to project their problems to the concerned agencies/authorities for their overall welfare.

- To identify, plan and execute programmes for a dignified, secure and constructive post-retirement life for the pensioners and their families by setting up of Reading Rooms/Library, Pensionersq Hostels, Day Care Homes and other facilities; in association and cooperation with the Central and State Government Welfare Agencies and other Voluntary Agencies.
- To undertake programmes of socializing and recreation of the pensioners, family pensioners and their families and arrange functions, seminars and programmes thereof.
- To serve as conduit and agent for placement of retired professional specialists in suitable positions in the field of engineering, industry, forestry, agriculture, mineral prospecting and mining, health care, environmental and pollution control, groundwater studies and exploration, soil conservation and wasteland development, economic studies and surveys, human resource management, financial management etc. and to undertake specialized research projects pertaining to related disciplines sponsored by the Central and State Governments and other Agencies.
- To take up social and scientific projects sponsored by the Central and State Governments and other Agencies in various fields such as literacy, health care, family welfare, destitutesq welfare, handicapped personsq vocational training, rehabilitation etc.
- To help the newly retired persons in settlement of their pension cases, within the stipulated period in accordance with the Govt. directives.

### **Celebration of International & National Days:**

The Association in its annual activity programmes observes the following International & National events:

- |                                       |                           |
|---------------------------------------|---------------------------|
| • World Water Day                     | 22 <sup>nd</sup> March    |
| • World Environment Day               | 5 <sup>th</sup> June      |
| • World Yoga Day                      | 21 <sup>st</sup> June     |
| • International Day of Older Persons  | 1 <sup>st</sup> October   |
| • National PensionersqDay             | 17 <sup>th</sup> December |
| • Annual General Body Meeting (AGM) - | In the month of April.    |

### **Publication of Annual Activities of the Association:**

The activities undertaken by the Association during each Financial Year are brought out in PensionersqJournal which is released at the event of AGM held annually in the month of April.

Activities of the Association pertaining to April 2017- March 2018 are published in the PensionersqJournal 2017 which is being released on 23<sup>rd</sup> Annual General Body Meeting on 23<sup>rd</sup> April, 2018.

### **CGHS Wellness Centre Jammu:**

After a long drawn struggle of the Association, Government ultimately acceded to the genuine demand for a CGHS Dispensary in J&K State, benefiting thousands of pensioners and their dependent members. Consequently, 25<sup>th</sup> CGHS Dispensary/Wellness Centre was inaugurated in a portion of Police Hospital Jammu on 4<sup>th</sup> June, 2008. OPD facilities for central pensioners could be commenced from 7<sup>th</sup> September, 2012 after shifting the Centre to new accommodation allotted by Govt. of Jammu & Kashmir, Department of Industries & Commerce in its Exhibition Ground Complex Jammu. Government of India merged 19 P&T Dispensaries across the country with the local CGHS Wellness Centres. As per this decision P&T Dispensary at Jammu was merged with CGHS Wellness Centre Jammu along with the staff and available infrastructure on 1<sup>st</sup> August, 2013. CGHS facilities at Wellness Centre Jammu have also been extended to serving employees of Department of Post at Jammu (Vide O.M. dated 9.7.2013 of MoH&FW has been issued to this effect, effective from 1<sup>st</sup> August, 2013). Presently, the CGHS Wellness Centre has been catering to the medical attendance of an appreciable number of registered Central Government Pensioners of Jammu & Kashmir, besides regular employees of Department of Posts, NIC, IA&AD and several other Departments. Serving employees of other Central Govt. Presently it is optional for Central Govt. Employees serving in J&K to avail AMA or CGHS facility. However, it appears that it will be mandatory for serving employees stationed at Jammu to go in for CGHS facility only.

**New CGHS Centre at Srinagar:** The Association has been persistently pursuing the case with the Govt. of India Ministry of Health and Family Welfare (MoHFW), the demand for opening of an Extension Centre of CGHS at Srinagar for the benefit of a large number of central pensioners in Kashmir Division. MoHFW has agreed and necessary orders issued. Further modalities of sanction and posting of staff are underway..

The Association is putting all efforts for early commissioning of CGHS Wellness Centre at Srinagar. J&K Police Hospital Srinagar will be providing the necessary accommodation for the Centre.

**Establishment of Day Care Centre for Older Persons:** A dream project of the Association to establish a Day Care Centre for Older Persons has taken shape during the period 2015-16 and has progressed thereafter. It is conveniently located, opposite CGHS Wellness Centre at Exhibition Ground Complex, Jammu. The Centre has been improved further with the needed amenities like News Papers, TV, AC, Fridge, laying out a well maintained lawn with flowers etc. A Care Taker has been engaged on an honorarium basis and an appreciable number of members are availing the facility, particularly while waiting for getting medicine supplies from the CGHS Dispensary. Monthly CGHS Advisory Committee meetings are also conducted in the Day Care Centre.

The Day Care Centre is also being utilized to hold Association Functions such as National Pensioners Day celebrated on 17<sup>th</sup> December, 2017, holding Medical Camps such as one held on 14<sup>th</sup> March, 2018 besides as SUJOK Therapy Clinic etc.

**Launching of Website of the Association:** For propagation and dissemination of information on activities of the Association, a Website was designed and registered during June . September, 2015. It was launched formally on 15<sup>th</sup> September, 2015. The website is updated on regular interval basis, uploading updates on activities, along with latest Government Orders/Office Memoranda. The Association website can be visited at <http://www.cgpwajk.in> for viewing the Association activities and relevant information for the pensioners, in particular and civil society, in general. Important links given on the website are: Portal of Govt. of India, Deptt. Of Pension & Pensioners Welfare, Bharat Pensioners Samaj, GAD J&K Govt. and Income Tax Deptt.

**Registered Membership:**

The membership is open to all Central Government Pensioners, Gazetted and Non-Gazetted cadres. The current Annual Membership fee for the Non-Gazetted pensioners is Rs. 500/- only vis-à-vis Rs.1000/- for Gazetted pensioners. Number of Registered Members as on March, 2018 stands at 327. The growth of Membership of the Association over the last few years is shown in the table below:

| <b>No. of Registered Members</b> | <b><u>As on</u></b> |
|----------------------------------|---------------------|
| <b>101</b>                       | <b>March 2011</b>   |
| <b>124</b>                       | <b>March 2012</b>   |
| <b>164</b>                       | <b>March 2013</b>   |
| <b>218</b>                       | <b>March 2014</b>   |
| <b>248</b>                       | <b>March 2015</b>   |
| <b>278</b>                       | <b>March 2016</b>   |
| <b>300</b>                       | <b>March 2017</b>   |
| <b>327</b>                       | <b>March 2018</b>   |

List of 27 New Members along with relevant details on service, address and contact nos. etc. is being published in the Journal 2018.

**Media Coverage of Activities:**

The welfare activities of the Association are given wide publicity through electronic and print media coverage. This is done for general awareness and for reaching out the stakeholders, including those residing in far off interior places of the State. The services of the Association are available to non-registered pensioners too, as and when required. All the events of activities of the Association are covered with photography for record and documentation.

**SALIENT ACTIVITIES OF THE ASSOCIATION DURING 2016-2017:**

- **Weekly Meetings:**

- The Association continued to hold weekly meetings every Monday morning at 10.30 & 11.00 hrs. (Summer & Winter timing) at its Jammu Olympic Association Building Parade Ground Jammu - 180001 office; in pursuance of its activities. It is quite encouraging to see that the number of members attending weekly meetings has improved appreciably. Discussions/interactive consultations were held in the meetings as per agenda with recording of the minutes and registration of attendance of the members present in the Minutes Register maintained by the Association.
- 50 nos. of weekly meetings were held during the period to discuss and resolve various problems of the pensioners in Implementation of Web-based Pensioners Portal a Mission Mode Project under National e-Governance Plan (NeGP). Only 2 weekly meetings in July-August, 2016 had to be cancelled on account of inclement weather. Quarter-wise break-up is tabulated below:

| <b>Quarter (2017-18)</b> | <b>No. of Weekly Meetings Held</b> | <b>Members Present Range</b> | <b>Average/Meeting</b> |
|--------------------------|------------------------------------|------------------------------|------------------------|
| <b>I:Apr-Jun 2017</b>    | <b>11</b>                          | <b>23 - 39</b>               | <b>30.18</b>           |
| <b>II:Jul-Sep 2017</b>   | <b>12</b>                          | <b>14 - 40</b>               | <b>29.33</b>           |
| <b>III:Oct-Dec 2017</b>  | <b>11</b>                          | <b>23 - 35</b>               | <b>29.27</b>           |
| <b>IV:Jan-Mar 2018</b>   | <b>12</b>                          | <b>16 - 38</b>               | <b>28.58</b>           |
| <b>Total</b>             | <b>46</b>                          | <b>14 - 39</b>               | <b>29.34</b>           |

- Proactive participation of an appreciable number of members in the meetings and programmes of the Association shows that the Association is quite vibrant and focused towards its objectives of ***Service to the Civil Society in general and Service to the Pensioners/Senior Citizens in particular.***
- **Srinagar Branch:** Weekly meetings were held regularly at Srinagar Office by the members stationed there, barring extreme weather conditions. Issues pertaining to accommodation, CGHS Wellness Centre at Srinagar were taken up, besides day to day matters.

**Free Multispecialty Medical Camp under Sankalp on 14 March, 2018:** Under Sankalp, a voluntary philanthropic initiative of the Association, Central Govt. Pensioners Welfare Association J&K Jammu organized a Free Multi-Specialty Medical Camp in collaboration with Medanta, the Medicity Hospital Gurgaon at Day Care Centre



of the Association at Exhibition Ground Complex Jammu, wherein a total of 168 beneficiaries including a large numbers of ladies and super senior citizens received free consultation and check up by the Specialists who had flown in from Delhi. The Specialist Medical Team of Medicity who rendered consultation included: Cardiology by Dr. Vijay Kohli, Oncology by Dr. Manoj Tayal, Internal Medicine by Dr.Arvind Sharma and Pain Management by Dr.Monika Kudyar. The Medical Camp also provided free tests for Sugar, Total Cholesterol, ECG, Echo, Pft & BMD.

Earlier, Shri S.S.Wazir, President CGPWA inaugurated the Health Camp in the presence of Medicity Specialists and a large number of CGHS beneficiaries and other patients. Well maintained green lawns at the Day Care Centre enhanced the ambiance of the Health Camp for senior and super senior citizens.

CENTRAL GOVT. PENSIONERSq WELFARE ASSOCIATION J&K JAMMU ALSO ORGANIZED KIDNEY DISEASE AWARENESS CAMP AT DAY CARE CENTRE JAMMU IN COLLABORATION WITH CGHS WELLNESS CENTRE JAMMU ON 17 NOVEMBER, 2017

- **CGPWA J&K Holds 22<sup>nd</sup> Annual General Body (AGM) on 24<sup>th</sup> April, 2017:**

22<sup>nd</sup> Annual General Body Meeting (AGM) of Central Government Pensionersq Welfare Association (CGPWA) J&K Jammu was held at IIPA Conference Hall Jammu on 24<sup>th</sup> April, 2017 with Shri Khurshid Ahmad Ganai IAS, Chief Information Commissioner J&K as the Chief Guest. Nearly hundred CGPWA members attended the AGM; including a representative 5-member team from Srinagar.

Shri J.K.Vaid, General Secretary of the Association, conducted the proceedings and presented the Annual General Report for the year 2016-2017. He also briefed the house on the latest Govt. orders for the welfare of pensioners, including operation of Pensionersq Portal for on-line redress of the pensionersq grievances on Centralized Pension Grievance Redress And Monitoring System (CPENGRAMS). Many long pending pension cases have been resolved through this system, including 4 cases of non-member pensioners and family pensioners of the State.

CGPWA J&K, representing 33 central services as on date, has been notified by Govt. of India as Nodal Association for central pensioners of J&K State and is one of the 43 Central Govt. Pensionersq Associations in the country to get such identification for operating Pensionersq Portal under National e-Governance Plan (NeGP). Recently 4 new Pensioners Associations have been added in the List of Identified Associations.

Shri S.S.Wazir, President in his welcome address greeted the Chief Guest, special invitees and the members fraternity and briefly touched upon the welfare activities being pursued by the Association in service of the civil society, in general and the pensioners and their families, in particular.

Dr. Shashikant Goswami, Ex-Scientific Director, Sports Authority of India gave an informative and useful power point presentation on Geriatrics & Nutrition. He supported his talk with illustrations and useful tips to maintain good health and fitness during advanced years of age.

Shri V.P.Sharma, Patron in his observations gave a brief historical account of the Association which was founded in 1994 and registered as Non Governmental Organization in July 1995. He also briefed the house on the major achievements of the Association, current strength of which has risen to 303 registered members. He also elaborated on environmental issues like global warming and climate change and the role senior educated group like that of the Association can play making the society aware of the imminent dangers and how to mitigate the same.

Shri G.N.Kanth, Vice President Kashmir Chapter spoke on important issues such as new CGHS Wellness Centre at Srinagar and progress made on this score. They are also trying to get some suitable accommodation for the Association Office at Srinagar, he told..

Shri H.N.Raina, Treasurer, presented Accounts for 2016-17 for approval of the house.

- **Triennial Elections of the Association were also held for the term 2017-20. New Office Bearers elected unanimously are –**

Shri S.S.Wazir IPS . President  
Shri B.K.Raina GSI - Vice President,  
Shri J.K.Vaid GSI - General Secretary  
Shri R.L.Kampasi IA&AD - Secretary and  
Shri H.N.Raina IA&AD - Treasurer.

Kashmir Chapter:

Shri G.N.Kant IAS was re-elected as Vice President.  
Shri M.M.Sadiq IPS was elected as Secretary and  
Shri G.M.Wani DoP as Treasurer.

**Shri V.P.Sharma GSI was unanimously re-nominated as Patron of the Association by the house.**

PensionersqJournal 2017 of the Association was released by the Chief Guest along with the Office Bearers. Copies of the Journal were distributed to all those present.

The Chief Guest in his address appreciated the activities of the Association in service of the pensioners and senior citizens and in creating a healthy vibrant paradigm forum which serves as great motivation for the younger generations.

The function culminated with vote of thanks by Shri B.K.Raina, Vice President of CGPWA.

- **Report on Swachh Bharat Pakhwada by Central Government Pensioners' Welfare Association, J&K, Jammu**

### **REPORT ON SWACHHTA ABHIYAN PAKHWADA 16 JUNE – 30 JUNE, 2017 BY CGPWA J&K JAMMU**

Swachhta Abhiyan Pakhwada was observed by Central Govt. Pensioners Welfare Association J&K Jammu from 16 June to 30 June, 2017. Photographic record of select activity events is as under:-



16.6.2017 . Rajinder Park, Canal Road, Jammu . Organized by Shri B.K.Raina. Swachhta Pakhwada observed by spreading Swachhta Awareness. Shri B.K.Raina, Vice President administering Swachhta Pledge to Civil Society comprising Morning Walkers.



16.6.2017: Gandhi Nagar Park Organized by Shri K.B.Jandia & Shri Prem Gupta. Swachhta Pakhwada observed by spreading Swachhta Awareness. Shri K.B.Jandial, IAS (Retd), administering Swachhta Pledge to Civil Society comprising Morning Walkers.



Swachhta Pledge by Association Members in Weekly Meeting on 19 June, 2017. The Pledge was administered by Shri J.K.Vaid, General Scretary, CGPWA J&K Jammu.



Swachhta Pledge by Association Members in Weekly Meeting at Jammu on 19 June, 2017



Swachh Bharat Campaign at Sports Ground, Gandhi Nagar, Jammu . Organized by Dr. S. Goswami & Shri S.C.Sharma on 23.06.2017





Swachh Bharat Campaign at Sports Ground, Gandhi Nagar, Jammu .  
Organized by Dr. S. Goswami & Shri S.C.Sharma on 23.06.2017



Sports Ground Gandhi Nagar Jammu- Swachhta Pledge being administered by Shri S.C.Sharma, IFS (Retd) after cleanliness drive by the participants, comprising morning walkers and young players. Refuse Collected in large bags for safe disposal.



Venue at Gandhi Nagar Jammu for Swachh Bharat Campaign by Association Members on 23 June 2017



Swachh Bharat Campaign Activity in the premises of J&K Samaj Kalyan Kendra Higher Secondary School For Hearing Handicapped, Shahidi Chowk Jammu.



Swachh Bharat Campaign Activity in the premises of J&K Samaj Kalyan Kendra Higher Secondary School For Hearing Handicapped, Shahidi Chowk Jammu.



Swachhta Abhiyan organized at Bal Gran, Chhani Himat, Jammu by 2 Association Members: Shri S.D.Swatantra, IFS (Retd) and Shri V.K.Raina, IFS (Retd) on 27 th June, 2017. Bal Gran is a well known NGO running Institute for the Destitute/Orphan Children with Free Boarding/Lodging and Education facilities. A good number of Association Members are rendering their voluntary services in the NGO.



Swachhta Abhiyan organized at Bal Gran, Chhani Himat, Jammu by 2 Association Members: Shri S.D.Swatantra, IFS (Retd) and Shri V.K.Raina, IFS (Retd) on 27 th June, 2017. Bal Gran is a well known NGO running Institute for the Destitute/Orphan Children with Free Boarding/Lodging and Education facilities. A good number of Association Members are rendering their voluntary services in the NGO.



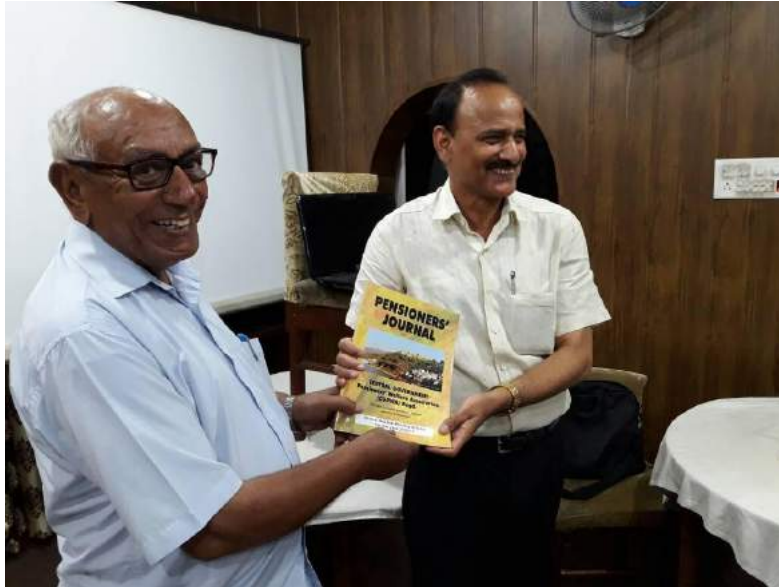


27.6.2017: Yoga Session was conducted at Bal Bharti Public School of Bal Gran NGO after Swachhta Abhiyan by the Children of Bal Gran.

Swachhta Abhiyan at Srinagar Branch: Swachhta Pakhwada at Srinagar Branch of the Association was observed with Swachhta Pledge by Association Members present in the Weekly Meeting. The Pledge was administered by Shri S.S.Wazir, President on 19<sup>th</sup> June, 2017.

**3<sup>rd</sup> International Yoga Day Observed by CGPWA J&K Jammu on 19 June, 2017 (Instead of 21 June, 2017)**

Shri J.K.Vaid, General Secretary introducing Dr. T. R. Raina, Retd. HoD Blood Bank Govt. Medical College Jammu and a noted Pathologist to the Pensioner Comrades to commemorate 3rd International Yoga Day observed by CGPWA JK Jammu. Dr. Raina gave a convincing scientific Power Point Presentation on Yoga and its benefits. He has been associated with Yoga for the last 32 yrs and has been instrumental in establishment of a Yoga Centre at Govt. Medical College Jammu for conducting Yoga classes to the MBBS students. He highlighted that Positivity of Thought is the secret of leading a healthy and fruitful life. His presentation lasted for one and half hours and was so engrossing that nobody felt the long spell of the lecture. He also demonstrated few simple breathing Yog which if done regularly can free us from High and Low B.P. Impressive indeed! A Professional Medical Practitioner teaching Yoga and how to keep healthy without seeing a Doctor!



Shri V.P.Sharma, Patron presenting a copy of PensionersqJournal 2017 published by the Association in April, 2017 to Dr. T. R. Raina at culmination of Yoga Day Celebrations.

- **Lecture on ORAL HISTORY OF KASHMIR by Mr. Noor ul Hassan IFS**

On 23rd of September 2017 that the CGPWA Srinagar organized interactive programme with the students of Foundation World School at Humhama, Budgam Most of the association members participated in the well managed programme along with many school children who spoke on variety of topics. From association side Mr..Noor ul Hassan IFS spoke on the Oral History of Kashmir and Mr. G.H.Kangoo IFS delivered an informative talk on the Environment & Pollution hazards

Both the student community and association members got benefited. Highlight of the event was the Question -Answer sessions after the speakers delivered their speeches. A volley of questions were posed by the students and faculty which were aptly replied by the learned members of the association

### **CGPWA Observe International Day of Older Persons**

On December 14, 1990 the United Nations General Assembly voted to establish October 1 as the International Day of Older Persons as recorded in Resolution 45/106. The day is celebrated by raising awareness about the issues affecting the elderly and to appreciate the contributions that older people make to society. International EldersqDay of 1<sup>st</sup> October 2017 was observed by Central Government Pensioners Welfare Association (CGPWA) J & K by showing special consideration and concern towards the well being and welfare of very senior pensioners and family pensioners, especially those who are plus eighty years of age and are unable to attend weekly meetings of the Association. A representative team comprising V.P.Sharma,, B.K.Raina, K.B.Jandial, P.P.Sharma and J.K.Vaid paid visit to such members on EldersqDay; including Mrs. Shanta Gupta, Family Pensioner of Late Shri Dwarka Nath Gupta, IAS; Mrs. Teja Singh W/O Late S. Teja Singh IAS;; D.N.Kotwal, IAS (1927 born); Mrs. Abrol W/O Late

H.L.Abrol, IFS and Mrs. Meera Puri W/O Late V.D.Puri GSI. They were presented bouquets and PensionersqJournal 2017 released on 24<sup>th</sup> April, 2017 on the event of 22<sup>nd</sup> AGM.

It was ensured that the senior pensioners are not deprived of their rightful dues with regard to correct fixation of their pensions/family pension and necessary information inputs were made available to them with a brief about implementation 7CPC revision.

The good will gesture extended by the Association was appreciated by the senior pensioners and their family members and the visiting team was equally delighted by rendering service to their seniors. The Association is ever prepared to render service to any pensioner who may or may not be registered members of CGPWA in resolving his/her problems related to pension issues. The contact phone no. of the Association is **9419285851** and the head office housed in Jammu Olympic Association Bldg. Parade Jammu.

***Population of Older Persons is on increase globally and this ever increasing segment of society has to play more active role in the Society in future times.***

### **CGPWA CELEBRATED 35<sup>th</sup> NATIONAL PENSIONERS' DAY ON 17.12.2017 AT DAY CARE CENTRE OF THE ASSOCIATION**

- Central Government Pensionersq Welfare Association (CGPWA), J&K representing pensioners of 34 Central Government Departments/Ministries including All India Services viz. IAS, IPS & IFS; celebrated 35<sup>th</sup> National PensionersqDay at Jammu on 17<sup>th</sup> December, 2017 with. Shri B.B.Vyas, IAS, Chief Secretary J&K State as the Chief Guest. The function was attended by a large number of Association Members and special invitees from various Organizations of State Government pensioners; besides noted social activists.
- Shri K.B.Jandial IAS, Member Executive Committee CGPWA conducted the proceedings of the function and also briefed the Chief Guest and the house on future challenges likely to be faced by the Association for want of a permanent suitable office accommodations and accommodation for CGHS Wellness Centre as well as Day Care Centre. The need for this is felt urgently, as the present old structures at Exhibition Ground Complex are planned to be dismantled and a new Trade Centre constructed at the site. He also highlighted voluntary services being rendered by the Association members in reputed registered NGOs such as J&K Samaj Kalyan Kendra, Home for the Aged & Infirm, SOS Home, Hari Prabhu Sanstha etc.
- Shri S.S.Wazir IPS, President CGPWA, presented the welcome address and highlighted the salient activities of the Association and a brief background of the National PensionersqDay which was first celebrated in the country on 17<sup>th</sup> December, 1983 to commemorate landmark judgment of the Supreme Court on 17<sup>th</sup> December, 1982 in D.S.Nakara vs. Union of India case that pension came as a matter of right to the retiree.

- Shri V.P.Sharma GSI, Patron in his observations threw light on the profile of the Association since its inception in mid-nineties and how the Organization has contributed its mite in service to the civil society in general and pensionersqfraternity in particular.
- Dr. K.K.Sharma, Retd Scientist G, Wadia Institute of Himalayan Geology Dehradun gave a detailed lecture on SUJOK Therapy. He is a Senior Practitioner in the field and is the moving spirit and guide for opening SUJOK Therapy Clinic at Day Care Centre of the Association at Jammu.
- The Chief Guest in his address complimented the Association for running a versatile Organization which looks after the interests of the pensioners and family pensioners and for creating a motivating ambience for younger generations. He also assured full cooperation of J&K Government in the welfare activities of the Association. Earlier he inaugurated Sujok Therapy Clinic at the Day Care Centre in presence of senior citizens and guests attending the function.
- The function culminated with vote of thanks by Shri B.K.Raina GSI, Vice President of the Association.

#### **PICNICS BY CGPWA MEMBERS at Srinagar and Jammu**

1. It was on 24th July 2017 that about 24 members of the association had a picnic at Dachigam Sanctuary at a distance of 15 km from Srinagar. It is world renowned wild life resort, spread in an area of 140 sq kms and houses about 20 species of wild mammals. The sanctuary is particularly known for protected mammal HANGUL which is facing menace of extinction. In addition, the sanctuary nurtures brown and blk bear, musk deer, leopard, languor and nearly 150 species of birds.

2. Visit to Naranag on 23<sup>rd</sup> September 2017

In one of the meetings held members of the association felt that they should have glimpse of their past by visiting some Archaeological site .Consequently Archaeological site at Naranag was agreed upon to be visited.

NARANAG is at a distance of about 35 Km from Srinagar and is situated North-West of KANGAN, at the base of lofty mountains of HARMUKH.

NARANAG also called as SUNDER NAG is beginning of the glen being drained by Wangat Nallah - a tributary to Sindh river which also is held sacred since past.

These archaeological sites owe their existence to the Raja Ashok who was predecessor of Raja Jalok and subsequent rulers last being Lalitaditya of 19th century. Naranag has been previously a health resort from where the expeditions to Gangbal would start .There are 18 temples in two groups and the main temple contains the Idol of Lord Shiva. The glory of the temples is still visible from the ruins as the violations in the past..

3. 22<sup>nd</sup> t January, 2018: A picnic meeting was organized at Jammu Tawi Golf Course (JTGC) Sidhra Jammu which was attended by 36 members. Mr.

S.S.Wazir IPS and Mr.Najamus Saqib IAS, both keen ace golfers gave detailed briefing to the members on Game of Golf. The members were also taken around the Golf Course in Battery Operated Carts and shown the basics of the game.

## **Highlights :**

### ○ **Registration of Grievances on Pensioners' Portal:**

Nearly 2 dozen fresh Pensioners Grievances Cases were registered in Centralized Pension Grievances Redress And Monitoring System (CPENGRAMS) online in the Pensioners Portal by the Association during the period under report. Only one case is still unresolved and is Under Process.

We wish to place our appreciation on record on successful operation of CPENGRAMS to resolve the pensioners cases in a reasonable time frame.

### ● **Voluntary Services by the Association:**

- The Association has been serving the central pensioners in matters of their pension dues, re-fixation of pension as per Seventh CPC recommendations and subsequent O.M.s, pension arrears, timely release of Dearness Relief (DR), revised Fixed Medical Allowance and related matters. It is observed that many cases are still there where the pensioners are not getting their rightful dues as per entitlement; especially old family pensioners in remote areas.
- The services of the Association are available not only to the registered members, but also to the pensioners who are not registered with CGPWA. An appreciable number of cases have been resolved through the efforts of the Association by implementing the norms under the NeGP project.
- The Association is also trying to establish operational cells in some of the district headquarters in the State, besides a Branch Office at Srinagar, the summer capital of J & K. The Srinagar Branch Office has already been commissioned since 11<sup>th</sup> June, 2012.
- The Association can be approached in its office at Jammu Olympic Association Building at Parade Ground Jammu, every Monday morning and on contact phone nos. **94192-85851, 94190-72227, 94198-911.**
- **Services Under SANKALP:** Association is proactively engaged in rendering voluntary service to many reputed Non Governmental Organizations through a dedicated team of more than 20 members. The reputed NGOs include J&K Samaj Kalyan Kendra running a free Vocational cum Educational School for Hearing/Speech Challenged Boys and Girls, Home for the Aged & Infirm, SOS Home (Bal Gran) to name

few. J&K Samaj Kalyan Kendra is adopted by the Association and most of the Executive Committee Members belong to the Association, including President, General Secretary, Secretary and Advisors. This team has done unparalleled improvement in the noted *Devyang* Institute in all respects, including generation of funds from public donations and grants-in-aid from Government as well Corporate Sector under Corporate Social Responsibility. Renovation of the Old School Building is yet another landmark achievement in which nearly Rs. 30 lac have been spent and new facilities like Recreation Hall, Smart Room and Social Science Lab have been created. All this could be possible by using talent, dedication and connections of the team with the concerned Government authorities. Similarly, a dedicated team of Association Members is rendering voluntary service on daily basis at Bal Gran, Chhanni Rama, Jammu which is running a free home and Education Institute for the poor orphans and destitute children.

- **Financial Position:**

- The Accounts Balance Sheet for 2017-2018 has been appended with the Annual Report and is open for your perusal. Grant-in-aid of Rs. 75000/- including the unspent balance of 2016-17 grant has been received by our Association from Govt. of India, Department of Pension & Pensioners Welfare during the period after submission of audited accounts and the Utilization Certificate (UC) under the specified heads for the preceding Financial Year 2016-17. The grant has come as a great help to us for pursuing our activities smoothly.
- Your liberal donations have enabled the Association to meet the expenses of our special functions such as AGM, Pensioners Day etc. which we are able to conduct decently owing your financial support.
- The Annual Membership Fees has been revised to Rs. 1000/- from Rs.500/- for gazette pensioners and to Rs. 500/- for non-gazetted pensioners from April, 2017. Life Membership is Rs. 5000/- per head. It is a matter of satisfaction that 52 Members have opted for Life Membership till date. List of Life Members is also being published in the Journal.
- Monthly Donation for Day Care Centre: For running the Day Care Centre, we have to incur running expenditure for upkeep and salary to the Care Taker. 16 members have come forward to donate Rs. 1000/- (2 Members) and Rs. 500/- (14 Members) on monthly basis. The list of Monthly Donor Members is also published in the Journal. Since there was no mishap warranting donation in the Prime Minister's Relief Fund this time, donations were made by the members to cover expenditure on Association Functions only. As such, this list is not published.

## **CONDOLENCES:**

The Association Fraternity passed Condolence Resolutions in the memory of the following members, spouses and close kins of the members, who left for their heavenly abode during 2017-2018:

Condolence Resolution on 18<sup>th</sup> September, 2017 on demise of our veteran respected member, **Shri B.D.Gupta, Director, GSI (Retd)** on 12<sup>th</sup> September, 2017 at Jammu. He had been ailing for the past some time. Born in September, 1929, he was 88. Shri B.D.Gupta, a noted Geologist and alumnus of the then University of Jammu & Kashmir; served in Geological Survey Of India with distinction at various stations across the country; at Calcutta, Jaipur, Chandigarh and also in J & K and retired on superannuation on 30<sup>th</sup> September, 1987. He was one of the founding members of the Association.

CONDOLENCE RESOLUTION: 8<sup>th</sup> January, 2018 on untimely demise of our esteemed member **Shri Suresh Chadha, Retd Superintendent, Customs & Central Excise Department** on 8<sup>th</sup> December, 2017 at Jammu. He had been ailing for the past some time. An Ex-Indian Navy Officer, he joined the Association on 22<sup>nd</sup> December, 2014 and was actively associated with the Association activities.

CONDOLENCE RESOLUTION: 19<sup>th</sup> February, 2018 on demise of our esteemed member **Shri D.N.Kotwal, IAS** on 8<sup>th</sup> February, 2018 at Jammu after brief illness. Born on 7<sup>th</sup> April, 1927, he was 91. A distinguished bureaucrat, Shri Kotwal served at a number of key positions including Divisional Commissioner Jammu as well as Kashmir, Financial Commissioner and Chairman J&K Public Service Commission. He joined the Association on 19<sup>th</sup> March, 2012 and played cheerful host to the Association team a number of times during its visit on Eldersq Day observed on 1<sup>st</sup> October each year.

CONDOLENCE RESOLUTION: 19<sup>th</sup> February, 2018 on untimely demise of our esteemed member **Shri Panna Lal Bahl, Retd. Sr. Audit Officer IA&AD** on 8<sup>th</sup> February, 2018 at Jammu. Born on 26<sup>th</sup> May 1940, he was 77. Shri Bahl joined the Association on 28<sup>th</sup> April, 2012 and took active part in the Association activities.

CONDOLENCE RESOLUTION ON 10 JULY 2017 FOR DR. MAHMOOD UR REHAMN IAS (RTD): CGPWA J&K Jammu, Srinagar Branch in its Weekly meeting at Srinagar. Tributes & fateh was offered to former ACS Dr.Mahmood-ur-Rahman, Retd. IAS J&K Cadre who passed away at Lucknow on 8<sup>th</sup> July, 2017 after a brief illness. He was a distinguished Bureaucrat and

Administrator rendering outstanding services to Govt. of J & K in various capacities during his service career. A Padam Shri Awardee, he also served as Vice Chancellor Aligarh Muslim University for 5 year term in nineties with distinction. A delegation led by Shri S.S.Wazir, President of the Association called on father-in-law of Dr. Rehman; Shri S.A.S.Qadri, IAS (Retd) and Former Chief Secretary J & K State and offered condolences to him and other members of the bereaved family. Demise of Dr. Rehman was also condoled by members at Jammu and prayed for the departed noble soul by observing two minutes silence.

CONDOLENCE RESOLUTION: 10<sup>th</sup> April, 2017 on untimely demise of Smt. Prem Lata Sharma, beloved wife of Shri M.P.Sharma, Dy Central Intelligence Officer (DCIO), IB (*Retd*) on 8<sup>th</sup> April, 2017 at Jammu. She had been ailing from kidney problems since 2013 and was undergoing treatment. She was 55 only. Shri M.P.Sharma is a Respected Member of the Association who joined the Organization on 9<sup>th</sup> September, 2013.

CONDOLENCE RESOLUTION: 24<sup>th</sup> July, 2017 on demise of Smt. Satinder Vohra, beloved wife of Shri C.P.Vohra, *Former* Director General, Geological Survey of India on 17<sup>th</sup> July, 2017 at Chandigarh. Shri C. P. Vohra is one of the eminent founding members of the Association. Hailing from Jammu, he has since settled at Chandigarh. A highly awarded Geoscientist, Shri C.P.Vohra is the first Indian civilian to scale Mt. Everest, the highest peak in the world, on 24<sup>th</sup> May 1965 for which he was awarded Arjuna Award, National Mineral Award and Padam Shri in 1965. The name- Chandra Prakash Vohra finds a place in WIKIPEDIA as an eminent Indian Geologist, Glaciologist and Mountaineer. He is also an acclaimed hero of the First Indian Expedition to Antarctica in 1973.

CONDOLENCE RESOLUTION: 21<sup>st</sup> August, 2017 on sad demise of Smt. Raj Gupta, beloved mother of Shri Vinod Kumar Gupta, Sr. Auditor, IA&AD (*Retd*) on 13<sup>th</sup> August, 2017 at Jammu. Shri Gupta joined the Association on 9<sup>th</sup> December, 2013.

CONDOLENCE RESOLUTION: 21<sup>st</sup> August, 2017 on untimely demise of Smt. Rattni Trisal, beloved wife of Shri B.K.Trisal, BSF (*Retd*) on 11<sup>th</sup> August, 2017 at Jammu. She had been ailing for the past some time. Shri Trisal joined the Association on 25<sup>th</sup> March, 2013.

CONDOLENCE RESOLUTION on 11<sup>th</sup> December, 2017 on sad demise of Smt. Savita Devi, beloved mother of Shri Upender Pachnanda, IFS, Addl. PCCF (*Retd*) on 9<sup>th</sup> December, 2017 (01.15 hrs) at Jammu. Shri Pachnanda joined the Association on 1<sup>st</sup> August, 2016 after his retirement on superannuation in September, 2015.



CONDOLENCE RESOLUTION: 8<sup>th</sup> January, 2018 on untimely demise of Shri Lateef Masoodi, beloved younger brother of Dr. Rafeeq Masoodi, IBS, Addl. Director General DD (*Retd*) at Dangiwacha Rafiabad Kashmir on 8th January, 2018. Dr. Masoodi is an active member of the Association which he joined on 26<sup>th</sup> December, 2016 soon after his retirement on superannuation. CONDOLENCE RESOLUTION ON 26<sup>th</sup> March, 2018 on untimely demise of Smt. Karuna Swatantra, beloved wife of Shri S.D.Swatantra, IFS, PCCF (*Retd*) on 19<sup>th</sup> March, 2018. She had been ailing for the past some time and undergoing treatment at Medanta, the Medicity, Gurgaon. Nearly 15 members of the Association, including the Patron & President, participated in her largely attended cremation rites on 20<sup>th</sup> March at Jammu. Shri Swatantra joined the Association on 21<sup>st</sup> November, 2011 and has been actively participating in the Association activities. He is also one of the Key Resource Persons of the Organization in the field of Forestry & Environment.

**ACKNOWLEDGEMENT:**

I wish to place on record, my sincere thanks and gratitude to all the Association Members, especially the Office Bearers and Executive Committee Members, for extending their full cooperation in all the activities of your Association. I am sure you will continue your support with continued enthusiasm in the coming years too.

Sd/-31.03.2018  
(J.K.Vaid, Rtd.Director GSI)  
General Secretary, CGPWA, J&K.