

Activities of Central Government Pensioners' Welfare Association, J&K,

Highlights of the Week Ending October 19, 2015:

- **Quarterly Report on Activities of the Association:** Quarterly Report on Activities of the Association for the Quarter July – September, 2015 was prepared and submitted to Department of Pension & Pensioners' Welfare (DOPPW), New Delhi. It has also been uploaded on the Association website. The members were briefed on the Report in the Weekly Meeting held today.
- **Preparation of Smart Cards for CGHS Cardholders of Jammu:** The process of preparation of Smart Cards at CGHS Wellness Centre Jammu has been initiated and the beneficiaries may contact the Centre for the same. They are required to submit the following documents for converting their CGHS Card to SMART CARD - Digital Format:
 - a. Separate Passport Size Photographs for each member with white background- 3 Nos each.
 - b. Photocopy of CGHS Card.
 - c. Blood Group – Each Member.
 - d. Age Proof . Each Member.
 - e. Residence Proof.
- **Weekly Talk by Shri V.P.Sharma:** Shri V.P.Sharma, GSI (Retd) delivered an informative talk on "Demography of India" stating that life expectancy in the country has increased to 67 years presently from 27 years in Pre-Independence times due to improved health care and living standard of the people. However, there are still many challenges facing us, like pollution, contamination of food, unhealthy life style etc. Senior segment of society can contribute to the society by dissemination of awareness on such health hazards and by acting as role models for the younger generation through exemplary gainful activities in service of the civil society.



Shri V.P.Sharma delivering the Weekly Talk at CGPWA Meeting at Jammu on 19.10.2015.



Members listening to the Talk with rapt attention.

- **Condolence Resolution on Demise of Shri R.N.Sharma, IFS (Retd):**
The Association is grieved to learn about demise of Shri R.N.Sharma, IFS (Retd) on 13th October, 2015 at his Jammu residence. 1912 born, Shri Sharma held the pride position of being the oldest member of the Association. A Condolence Resolution was passed in his memory with prayer for eternal peace to the departed noble soul. Representative team of the Association visited Shri Sharma many times on the occasion of International Day of Older Persons and always found him in very cheerful and happy disposition. It is a matter of great satisfaction for us that he was looked after very well by his family who had made exemplary arrangements for his comfort and care, including provision of services of Physiotherapists. Copy of the Condolence Resolution will be presented to the bereaved family by the Association team on day after tomorrow.

Sd/- 19.10.2015
(J.K.Vaid, Rtd.Director GSI)
General Secretary, CGPWA Jammu, J&K.