

Activities of Central Government Pensioners' Welfare Association, J&K, Jammu

Highlights of the Weeks Ending 6th, 13th, 20th & 27th June and 4th & 11th July, 2016:

- **Brief on OM dated 6th April 2016:** The house was briefed further on this important Office Memorandum affecting. Only minimum pension is admissible as per the O.M. to be calculated as : 50% of Minimum of the Pay Band + Grade Pay. Those who are getting pension more than that will continue to draw the pension they are drawing.
- **Yoga Day Celebrations:** 2nd International Yoga Day (falling on 21st June, 2016) was observed by the Association on 20th June, 2016 at Jammu. 25 members undertook Yoga Asanas under expert guidance of Dr. N.K.Sharma, a noted Naturopath & Yoga Expert. He also briefed the members on useful health tips prevalent in Naturopathy.



- **Token Donation to The Institute of Nature Hygiene:** A token donation of Rs. 5000/- to the Institute of Nature Hygiene, a noted NGO with which Dr. N.K.Sharma is associated, was announced by the Patron, as a token assistance to the NGO which is engaged in very useful social work in the field of Naturopathy and Yoga. The cheque was subsequently handed over to Prof. Ved Kumari Ghai, the founder President of the NGO.
- **B'day Celebrations of Shri V.P.Sharma:** On 21st June, Birthday Party was arranged by Shri V.P.Sharma, Patron to celebrate his 83rd Birthday.

We all wish him continued good health and commendable contribution in the Association activities.



- **39th Advisory Committee Meeting of CHS Centre:** The meeting was convened on 8th July, 2016 and was attended by S/Shri B.K.Raina, Prem Gupta, K.B.Jandial, V.S.Sambyla, P.P.Sharma (DAD) and J.K.Vaid. Some issues of Id verification process were discussed and sorted out. A new computer savvy Medical Asstt. Has joined the Centre on contractual basis and there is improvement in service to the CGHS beneficiaries. **Empanelment of Hospitals** and Diagnostic Centres has been notified, last date of submission of application being 25th July, 2016. Members are requested to use their contacts for motivating hospitals and diagnostic centres for applying on-line for empanelment under CGHS. The Application Forms are available on CGHS website: www.cghs.in
- **Nodal Officer for Day Care Centre:** Shri V.S.Sambyal, IPS (Retd) was unanimously nominated as Nodal Officer for Day Care Centre for Older Persons being run by the Association at Exhibition Ground Complex Jammu. The amenities sanctioned by the J&K Police Department under Civic Action Plan viz. Split A.C. 1.5 ton, Refrigerator 180 Its., LED T.V., Invertor and 4 Tables will be installed under his supervision. Other Office Bearers and Executive Body Members will extended their help and cooperation as and when required. A joint inspection was paid to the Centre on 8th July after the CGHS meeting to sort out installation places and points.
- **Weekly Meeting Attendance:**

Attendance of Members in the Weekly Meetings is tabulated as follows:

<u>Date of Weekly Meeting</u>	<u>Number of Members in Attendance</u>
<u>06.06.2016</u>	<u>32</u>
<u>13.06.2016</u>	<u>28</u>
<u>20.06.2016 (Yoga Day)</u>	<u>25</u>
<u>27.06.2016</u>	<u>25</u>
<u>04.07.2016</u>	<u>35</u>
<u>11.07.2016</u>	<u>31</u>

- **Condolence Resolution:** The Association members are grieved on untimely demise of Prof. Shakuntla Magotra beloved wife of senior member Shri H.R.Magotra, IAS (Retd) on 31st May, 2016. A Condolence Resolution was passed in the meeting on 6th June, 2016 in her memory with prayers for eternal peace to the departed noble soul. Copy of the Resolution was presented to Shri H.R.Magotra and other members of the bereaved family by a representative team of the Association led by Shri V.P.Sharma, Patron.

Sd/-11.07.2016
(J.K.Vaid, Rtd.Director GSI)
General Secretary, CGPWA Jammu, J&K.