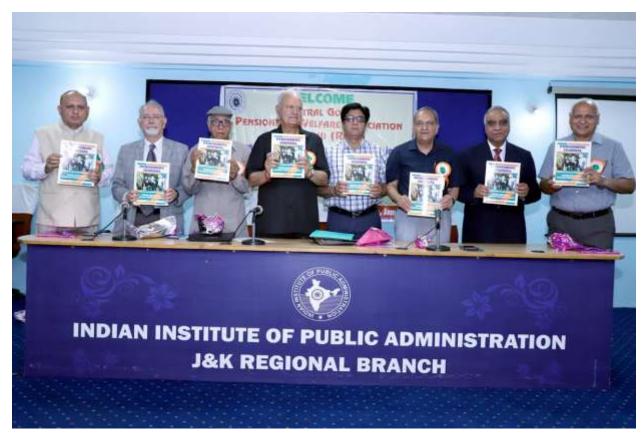
CGPWA holds 24th Annual Genral Body Meeting (AGM) on 22nd Apri, 2019.

The Central Government Pensioners' Welfare Association (CGPWA) J&K Jammu held its 24th Annual General Body Meeting (AGM) at IIPA Conference Hall at Jammu and discussed important issues relating to the pensioners, their welfare and health facilities available under CGHS.

On the occasion, the Pensioners' Journal 2019 was also released. The 150-pages annual Journal carries immensely useful information for the Central Government Pensioners and senior citizens; like pensioners' related Office Memoranda issued by the Central Govt. Department of Pension & Pensioners' Welfare from time to time; besides health related information and various activities of the Association etc.



Pensioners' Journal 2019 being released at the AGM. From Left to Right: S/Shri J.K.Vaid GSI, Mohd. Shafi Pandit IAS, Ghulam Nabi Kant IAS, S.S.Wazir IPS, Kuldeep Khoda IPS, B.K.Raina GSI, Dr. Ashok Bhan IPS & K.B.Jandial IAS.

The Association has 343 members who come from 36 Central Services/Departments including ALL India Services viz. IAS, IPS & IFS; as on date. The Association has been identified by Govt. of India as Nodal Association for central pensioners of J&K State and is one of the 46 Central Govt. Pensioners' Associations in the country to get such recognition for operating

Pensioners' Portal under National e-Governance Plan (NeGP) of Department of Pension & Pensioners' Welfare, New Delhi.

Welcoming the members at the AGM, the President of the Association Shri S.S. Wazir IPS (Retd) listed the multifarious activities of the Association during the last year including social work undertaken like adoption of a deaf & dumb school under the scheme Sankalap, raising funds for natural calamities like Kerala Floods (2018) within and outside the State and cleanliness drive under Swachhta Pakhwada & Swachhta Hi Sewa. He said that the landmark achievement of the Association was the empanelment of SMVDN Superspecialty Hospital, Kakryal (Katra) under the CGHS and later extending cashless facility there for the Pensioners. He called upon the members to co-operate with the Doctors and staff of the Wellness Centre, Jammu who are working under tremendous pressure with number of beneficiaries increasing every day in view of Government order of mandatory enrolment as beneficiary also for Central Government Staff living within the radius of five km of the Wellness Centre near Dogra Chowk Jammu.

The President mentioned that another achievement of the Associationwas sanctioning of separate Wellness Centre for Srinagar. He said the CGPWA has observed many National and International days including Elders Day, Yoga Day, Swachhta fortnight, Heritage Walk along Bund in Srinagar, Republic Day. The Day Care Centre's ambience and functioning has improved with regular facility of SUJOK therapy which is benefitting quite a large number of chronic patients of Jammu.

General Secretary, Shri J.K. Vaid GSI (Retd) who conducted the proceedings, presented the Annual General Report for the year 2018-2019. He also briefed the house on the latest Govt. orders for the welfare of pensioners, including operation of Pensioners' Portal for on-line redress of the pensioners' grievances on Centralized Pension Grievance Redress and Monitoring System (CPENGRAMS). Many long pending pension cases have been resolved through this system, including a number of cases of non-member pensioners and family pensioners of the State. He said that the Association has updated Directory carrying names, addresses, including email address of each of the members.

Shri Ghulam Nabi Kant IAS (Retd), Vice President Srinagar Chapter, briefed the house on activities of the Association at Srinagar, including weekly meetings and programmes undertaken on Swachhta.

Shri Mohd. Shafi Pandit IAS (Retd), former Chairman PSC J&K also addressed the members, highlighting the progress made in commissioning of CGHS Wellness Centre Srinagar which has been sanctioned by Ministry of Health & Family Welfare, along with 5 other CGHS Centres across the country; one each at Kochi, Varanasi, Jalandhar, Vishakhapatnam and Baghpat in

Govt. Order Dated 30th August, 2018. He said that deployment of Doctors and Staff are expected soon. He complimented the achievement of the Association and hoped that it would continue to establish its landmark in coming years as well, covering new areas of social work and welfare of senior citizens.

The Treasurer, Shri H. L. Raina IA&AD, presented the annual statement of accounts indicating the receipts and expenditure during the last year which the House adopted.

Shri K B Jandial IAS (Retd), former Member PSC J&K spoke on the status and background of CGHS Wellness Centre Jammu which was inaugurated on 4th June, 2008 in two room accommodation at Police Hospital Jammu. Subsequently, the Wellness Centre was shifted to Exhibition Ground Complex near Dogra Chowk and OPD facilities started on 7th September, 2012. There has been considerable improvement in the functioning of CGHS Centre since then, despite the fact that number of beneficiaries has increased to 5630 including serving employees of 15 Central Govt Departments. The Centre has provided medicines valuing Rs. 2.80 Crore during 2018, including over Rs. one Cr. of life saving drugs benefitting CGHS beneficiaries. Now, SMVDN Superspecialty Hospital, Kakryal – Katra is CGHS empanelled Hospital in the State where the cashless treatment facility has been extended to beneficiaries. So far, the Wellness Centre has referred 167 cases to Shri Mata Vaishno Devi Narayana Hospital; besides 20 cases of emergencies where such referral is not required. Queries of the Pensioners were responded to by him and Dr. Kuljeet Kour, CMO Wellness Centre who along with Dr. Shivali Sharma were specially invited for the purpose.

As part of the CGPWA's initiative to create awareness among the Pensioners on serious ailments, Dr. Vivek Rishi, Consultant, Department of Neurology, Govt. Medical College Jammu gave an impressive and well illustrated presentation on Brain Stroke which is common with senior citizens with useful tips to prevent the same. It was followed by question/answer session on the subject.

Dr. K. C. Sharma gave a presentation on Cultivation of Harman-99 Summer Apple, a low chilling variety of apple, in hot climate of Jammu and other such places in the country. He has been acting as one of the crusaders to popularize summer apple cultivation.

Among others who spoke on the occasion included, former DGP & CVC J&K, Shri Kuldeep Khoda IPS, former DGP, Dr. Ashok Bhan IPS and Treasurer Srinagar Chapter Shri Gh. Mohd Wani.

Vice President, Shri B K Raina GSI (Retd) presented Vote of Thanks.

Nearly 100 CGPWA members attended the AGM; including a representative team of 3 members from Srinagar chapter. About a dozen prominent social activists associated with noted NGOs were special invitees in the vibrant function.

Select Photographs on the AGM Event are documented below:-



Shri J.K.Vaid GSI, General Secretary and Shri S.S.Wazir IPS, President addressing 24th AGM at Jammu.



Shri Ghulam Nabi Kant IAS, Vice President Srinagar Chapter and Shri Mohd. Shafi Pandit IAS briefing the house on activities at Srinagar, including updates on CGHS Wellness Centre Srinagar and its commissioning.



Dr. Vivek Rishi, Consultant Neurology GMC Jammu making presentation on Brain Stroke and Shri K.B.Jandial IAS, briefing the AGM participants on CGHS Wellness Centre Jammu. Dr. Kuljeet Kour & Dr. Shivali Sharma also participated and replied to queries of the CGHS Pensioner Beneficiaries.



A view of the AGM audience, including 2 Doctors of CGHS Wellness Centre Jammu, as special invitees.



Shri Kuldeep Khoda IPS, making a point in interactive session. Dr. Ashok Bhan IPS & Shri M.S.Pandit IAS by his side paying all attention to his speech.



Shri K.B.Jandia IAS while participating in discussions. Another view of AGM audience





Shri B.K.Raina GSI, Vice President of the Association presenting Vote of Thanks. Well deserved refreshments after successful culmination of the event.

Press Coverage:



Pensioners' body organises meeting

TRIBUNE NEWS SERVICE

IAMMU, APRIL 22 mu, held its 24th annual useful information general body meeting to dis-cuss important issues relat-senior citizens.

ing to the pensioners, their welfare and health facilities. On the occasion, Pen-The Central Government sioners' Journal was also Pensioners' Welfare Associ- released. The 150-page ation (CGPWA), J&K, Jam- annual journal carries

Sd/- 23.4.2019 (J.K.Vaid, Retd Director GSI) **General Secretary**

P.S.

Proposal of Amendments in the Constitution of the Association:

A proposal to reorganize the Association, by amendments in the Association Constitution, into 3 parts.. One Appex Body and 2 Chapters - Jammu Chapter & Kashmir Chapter; was proposed by 3 Members of Srinagar Chapter viz.

- 1. Shri Ghulam Nabi Kant IAS, Vice President Srinagar Chapter
- 2. Shri Mohd, Shafi Pandit IAS &
- 3. Shri Gh. Mohd. Wani DoP, Treasurer Srinagar Chapter

The Proposal was deliberated upon after the AGM and also discussed subsequently in a meeting of Executive Committee on 26th April and then in the Weekly Meeting on 29th April, 2019.

It was the considered opinion of all the members that no purpose is going to be served by this proposal of breaking the Association into 3 parts and the present form of the Association will continue. Executive Committee also felt that a parallel independent Association be constituted and registered at Srinagar, if deemed necessary.

Sd/- 30.4.2019 (J.K.Vaid GSI) Gen. Secretary